

# Safe Coalition for Human Rights: Addressing Global Psychosocial and Clinical Determinants of Human Trafficking

Dr. Kalyani Gopal, PhD, HSPP  
& SAFECHR Team

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Phone: 219-378-7161 X 101, 102, 103





# Where It All Began

- SAFECHR was born in November 2013 when a group of survivors shared their experiences at the Illinois Psychological Annual Convention
- Four panelists chaired by Dr. Kalyani Gopal and Dr Janet Chandler presented to a small audience and joined together with the collaborative idea to form Safe Coalition
- Initially there were some difficulties obtaining a fiscal sponsor but by March 2014, Safe Coalition for Human Rights was formed and became an official 501 c (3) Nonprofit organization (December 2014).
- On October 2014, “SAFE 2014: First Global Conference on Human Trafficking” was held with a paradigm shift emphasizing “all of us” replacing the “Us” versus “Them” (survivors) concept with a report card by our experiential experts.



# Human Trafficking

Trafficking is the practice of exploiting adults and children for use as commodities in conditions of sexual and labor servitude.

Tactics used by recruiters, traffickers, and their associates are often the same tactics used by batterers and can mirror dynamics of domestic violence.

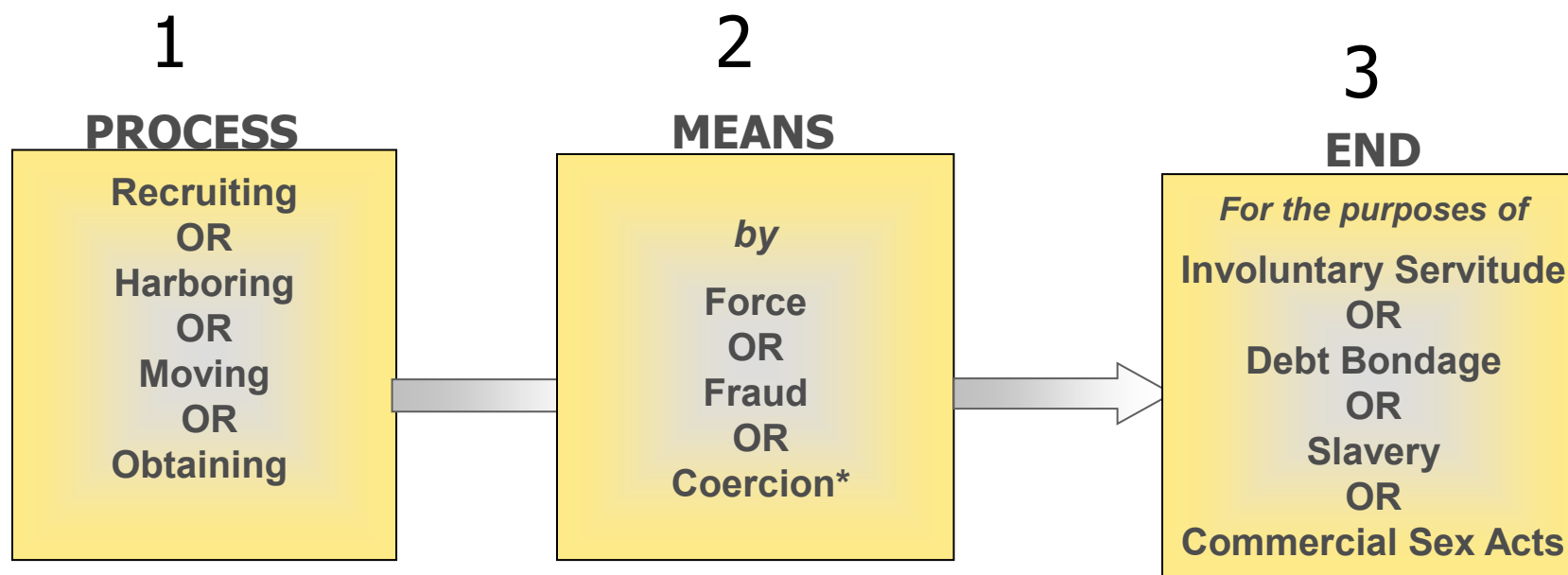
Trafficking is not limited to formal work sectors. It can occur wherever there is any form of labor.

# Definition


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- The recruitment, transportation, transfer, harboring, or receipt of persons by improper means (such as force, abduction, fraud, or coercion) for an improper purpose including forced labor or sexual exploitation.
- (From: United Nations Trafficking in Persons Act)

# Elements of Human Trafficking



**\*Minors involved in commercial sex do not need to prove force, fraud, or coercion.**




# Why Is it Important to Combat Human Trafficking?

Disposable society results in  
disposable people.” Kevin  
Hyland, CEO, Child Fund, UK

”We are not a think-tank we are  
an action-tank.” Mrs. Cindy  
McCain, address at UN Oct 2019

”You have it in your power and  
in your charge to be your sister  
or brother’s keeper.” Donna  
Hubbard, AA, VoT, ST



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# Mission

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*To protect the human dignity of  
trafficked persons globally  
through education, prevention,  
and rehabilitation.*

# SAFECHR Vision



To improve socioeconomic conditions, spur growth, support policy and prevent crime



To enhance global collaborative partnerships that support accountability and impact public policy reform



To impart evidence-based accredited trainings for stakeholders working in human trafficking



To create therapeutic housing programs for survivors of complex trauma

# Our Amazing Team!

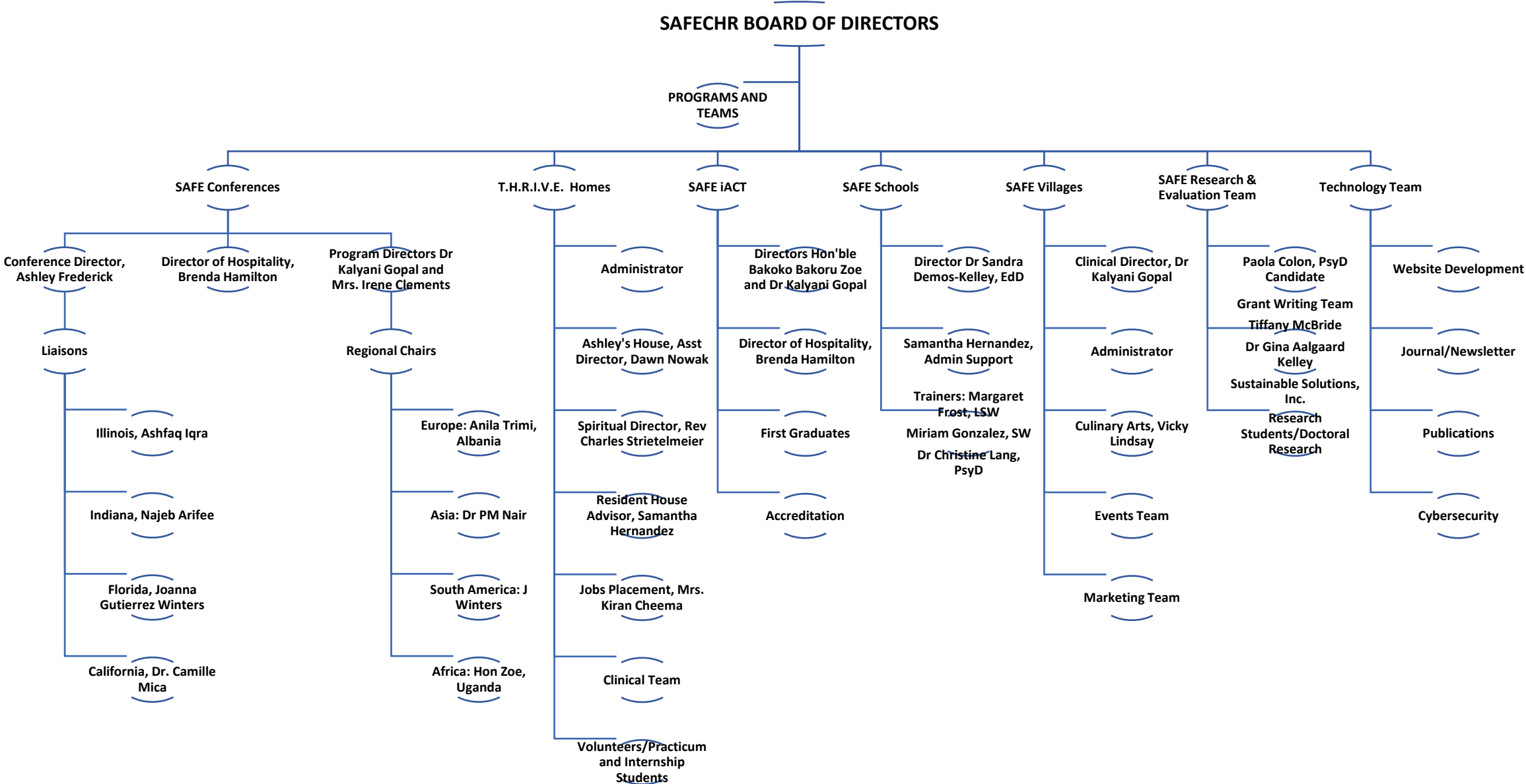
SAFECHR Organization Flow Chart

SAFECHR Board

Our Volunteer Team

Our Sponsors

# SAFECHR Organization Flow Chart





# Our Board of Directors

2019-2023



# 2021 SAFECHR Board of Directors

**Dr JC Hodge, D.Div., LMHC**



Past President, IL Pastoral Counselors

**Mrs. Irene Clements**



Executive Director, NFPA

**Honorable Bakoko Bakoru Zoe**



Former Minister, Uganda

**Dr Sharron Liggins, RN, BA, MA, MSN, Ed.D.**



Executive Director, Continuum of Care, Region 1

**Mr. Mark Price, Treasurer**



Executive Director,  
Illiana Search and Rescue

**Rev. Charles Strietelmeier**



Former Pastor, Augustana Lutheran Church

**Dr. Kalyani Gopal, PhD, HSPP**



President/Founder SAFECHR

**Dr Chris Stout, PhD**



President/Founder/CEO, CGI  
[https://en.wikipedia.org/wiki/Chris\\_Stout\\_\(psychologist\)](https://en.wikipedia.org/wiki/Chris_Stout_(psychologist))



# Our Volunteer Team

## Ashley Frederick, Director, Administration

- Samantha Hernandez, Admin Support, SAFE Schools, Ashley's House
- Interns

## Dr Sandra Demos-Kelley, Director, SAFE Schools

- Margaret Frost, LSW, Trainer
- Miriam Gonzalez, SW, Trainer
- Dr Christine Lang, PsyD, Trainer

## Medical Team Leads

- Dr Saket Sinha, Ashley's House
- Dr. Sudhish Chandra, SAFE Village, Events
- Dr. Vijay Dharla, Medical Diagnostics
- Dr. Iyer, Pediatrics

## Vicky Lindsay, Culinary Arts/Cuisine

## SAFECHR Security Team

- Commander Edward Peralta
- Mark Price (Board Member)

## Brenda Hamilton, Director, Hospitality

## • Business Development Team

- Lori Szokes
- Gordon Johnson
- Bill Homann
- Rama Alsakaji
- Dr Camille Mica
- Ms. Pamela Greenwalt
- Mrs. Minakshi Ghuman
- Dr Subir Bandyopadhyay
- Mrs. Soumita Bandyopadhyay
- Mrs. Padmini Makam
- Najeb Ariffee
- Dawn Nowak
- Ashfaq Iqra  
Joanna Gutierrez Winters
- Pastor Charles Strietelmeier (Board Member)
- Dr Sharron Liggins (Board Member)
- Mrs. Irene Clements (Board Member)
- Mark Price (Board Member)
- Rodina Iacovacci
- Tiffany McBride
- Mrs. Karen Cheema

# Celebrating Our Sponsors: Thank You!

Ancilla Systems, Inc.	Mid-America Psychological and Counseling Services, PC	Mid-America Mental Health, LLC	National Foster Parent Association	Illiana Search and Rescue
St Catherine's Hospital (COMHS)	Lake Area United Way, Indiana	Legacy Foundation, Lake County, Indiana	Augustana Lutheran Church, Women's Wing	Indiana Criminal Justice Institute
SAMHSA	Housecall Doctors, PC	Methodist Hospitals	Lake County Indiana Sheriff	Reverend Charles Strietelmeier
Mrs. Irene Clements and Mr. Billy Clements	Bill Homann, Archeologist	Dr Diana Uchiyama and Mr. Ken Uchiyama	NWI Indian Cultural Association	NWI Indian American Medical Association
219 Health Link	Ring Central Technologies	Indiana Attorney General	United States Homeland Security Investigations	To Love Children, NGO
United Airlines	Robert Woods Johnson Foundation	Centene Corporation	Continuum of Care, Region 1	Hilton Group of Hotels
Special Thanks!				
Calumet College of St Joseph Marketing Class	Rush Order Tees	Rent-A-Car	Private Donors	

# Award Winning Organization

**2006: Lake County, Indiana Award for Excellence**

**2015: Indiana Attorney General's Voices for Victims Award**

**2019: Top 20 Global Women of Excellence  
United States Congressional Medal of Honor**

**2019: Pearl Birnbaum Hurwitz Humanism in Healthcare Award Honorable Mention**



# SAFECHR Award Winning Programs

- SAFE Conferences: 2014, 2016, 2018, 2019, 2021
- SAFE Schools Program: Socioemotional Resiliency Curriculum to help children and youth develop resiliency
- SAFE Internationally Accredited Certification Training (iACT) Program: 10 Modules on labor, sex and adoption trafficking
- T.H.R.I.V.E: Therapeutic Housing Response for Individuals from Vulnerable Environments. Set up first therapeutic house in November 2020 called Ashley's House
- SAFE Village Program: Unique restorative healing center for 100 victims of human trafficking.

NEW: ACEs-R Pilot Study

# Our Focus – The 4 Ps

**Prevention**

**Protection**

**Prosecution**

**Partnership**



# SAFE Conferences

SAFE stands for Sex trafficking Awareness, Freedom, and Empowerment

Program Director: Ashley Frederick

Hospitality and Travel Director: Brenda Hamilton

Contact: [Ashfrederick@safechr.org](mailto:Ashfrederick@safechr.org)

Phone: 219-378-7161 x 102

There is one thing stronger  
than all the armies in the  
world, and that is  
an idea whose time  
has come

*Victor Hugo*

# SAFE Conferences

- Annual Global Conference 2014, 2016, 2018, 2019.
- SAFE 2021: Chicago, Illinois (September 17-19, 2021). Dinner in-person event by invitation only September 17<sup>th</sup>.
- Rise and Thrive Theme
- Establishing global standards for Training
- Establishing global standards for Restorative Care

2014 Survivor Panel: Paradigm shift from “Us versus Them” to “Experiential and Trained Experts”

Board  
Member, Mrs.  
Irene  
Clements





Hobart, Indiana



Hammond, Indiana

2015

• EVENTS



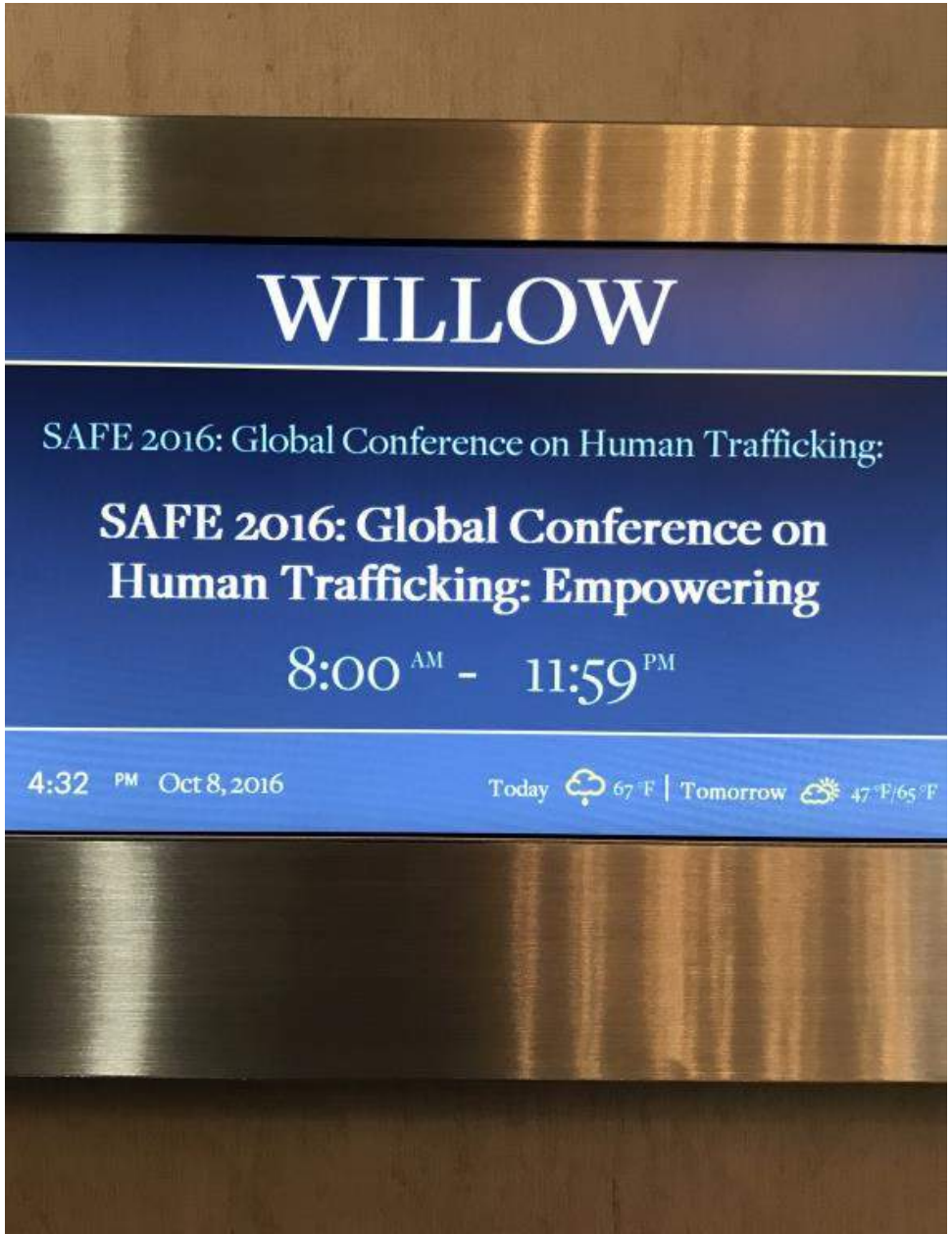
Naples, Florida

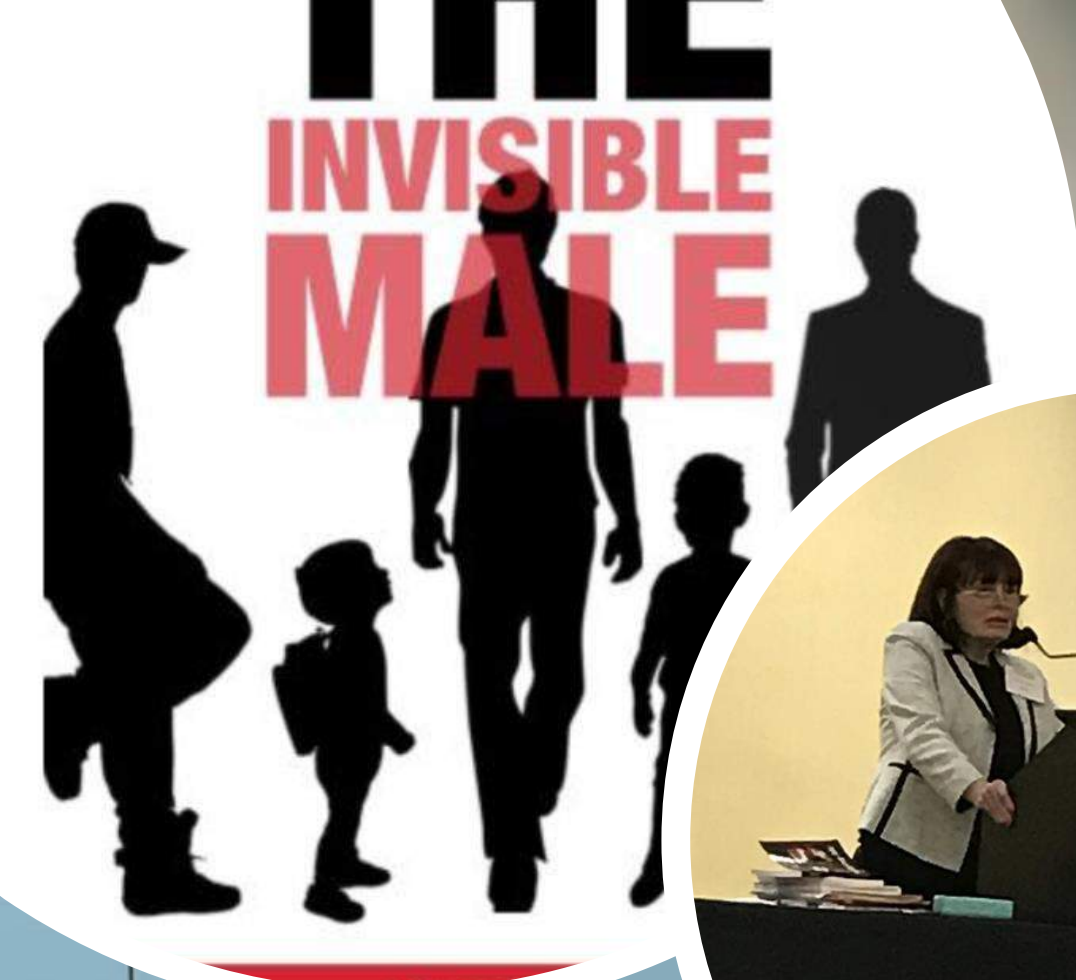


Merrillville, Indiana



Hospitality  
Director Brenda  
Hamilton and our  
youngest  
volunteer





Dr PM Nair, Former  
Director General,  
National Disaster  
Response Force & Civil  
Defence, Govt. of India

Ashley with the Albanian  
Ministerial Delegation

Harold D'Souza, LT Survivor  
Expert



Arun Dohle,  
Adoption  
Trafficking  
Survivor  
Expert



# Safe

CONFERENCE 2018



**SAFE CHR**  
COALITION FOR HUMAN RIGHTS

**2018 International Human Trafficking Conference**  
**Palmer House Hilton - Chicago, Sept. 2-5, 2018**  
**Sponsorship Opportunities**

SAFE Coalition for Human Rights, 501(c)3 nonprofit  
Kalyani Gopal, PhD, HSPP, FACAPP – President  
Chicago IL 312-998-2339 | Munster IN 219-513-8508  
[admin@safechr.org](mailto:admin@safechr.org) | [safechr.org](http://safechr.org) | [twitter.com/safechr](https://twitter.com/safechr) | [Facebook.com/safecoalitionforhumanrights](https://Facebook.com/safecoalitionforhumanrights)

SAFE 2019 builds upon the recommendations of experts from 73 nations who participated at SAFE 2018 to strengthen those bonds, create increased fair labor and trade response and address the employment and livelihood of survivors well after they have left the sex trade.

PROPOSAL SUBMISSIONS OPEN FOR ROUND TABLES, SYMPOSIA, WORKSHOPS, AND POSTERS, UNTIL JUNE 30, 2019

<http://bit.ly/SAFE2019abstracts>

#### CONFERENCE DETAILS

PRE-CONFERENCE TITLE:  
HOW INTERSECTIONALITY IMPACTS  
HUMAN TRAFFICKING  
NOVEMBER 3RD 2019 (4-6PM)

CONFERENCE TITLE:  
INSPIRE, INNOVATE, INTEGRATE  
4TH ANNUAL GLOBAL CONFERENCE  
ON HUMAN TRAFFICKING  
NOVEMBER 3-6 2019

LOCATION: Doubletree, Lake/Naperville, IL, U.S.A

#### REGISTRATION INFO



#### NOV 3-6 PANELS

- Self-Regulation Training for CPTSD
- Nonprofit development, grants management, and volunteer retention engagement
- CEO Roundtable/34 nations Experts' Forum
- Address survivors' needs: housing/jobs/Tx
- Breaking the foster care to prison/homelessness/trafficking pipeline
- How to: Fair trade labor contracts and negotiations/businesses combating HT
- Interviewing/Assessment skills sets training
- Global cutting edge research trends
- United Nations panel of experts seeking solutions to pressing current initiatives/ UN-NGOs collaboration
- Advances in evidence-based treatments

#### EXHIBITS

Exhibitors:  
Payment: <http://bit.ly/safe2019>  
Premier Sponsors: Large 10/10  
Exhibit FREE

Special Exhibits:  
SAFE 2019 Exhibits

# SAFE

## CONFERENCE 2019



# **SAFECHR Events...**

2014-2021



\*1 IN 6 YOUTHS WHO  
RUNAWAY ARE SOLD  
\*THE AVERAGE COST OF A CHILD IS \$90  
\*KIDS WHO ARE  
BULLIED ARE AT HIGH RISK  
\*THE AVERAGE SURVIVAL  
RATE IS 7 YEARS  
WWW.SAFECRHR.ORG



Driveway to the  
Village Fundraiser

SAT  
10.27.2018  
4-7 PM

*Special Guest Speaker:*  
*Judge Lorenzo Arredondo*

DRIVEWAY.EVENTBRITE.COM

FAMILY LIFE  
CENTER

7950 Marshall Street,  
Merrillville, Indiana

DINNER  
BY LEROY  
"HOT  
STUFF"  
LIVE MUSIC  
50/50 RAFFLE





\*1 IN 6 YOUTHS WHO RUNAWAY ARE SOLD  
\*THE AVERAGE COST OF A CHILD IS \$90  
\*KIDS WHO ARE BULLIED ARE AT HIGH RISK  
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Driveway to the Village Fundraiser

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DRIVEWAY.EVENTBRITE.COM

*Special Guest Speaker:*  
Judge Lorenzo Arredondo

**DINNER BY LEROY "HOT STUFF" LIVE MUSIC 50/50 RAFFLE**

**FAMILY LIFE CENTER**  
7950 Marshall Street,  
Merrillville, Indiana

**PLEASE HELP OUR KIDS**  
"Build a world without human trafficking"  
Every year, approximately 100,000 children are pulled into sexual trafficking. The average for girls is 13-14 years old.

Experienced Keynote Speakers in the field of Human Trafficking

**FRIDAY, JUNE 1, 2018**  
AMBASSADOR BANQUET HALL  
1967 E 37TH AVE, HOBART, IN 46342  
TIME: 6PM-MIDNIGHT

SAFECHR  
COALITION FOR HUMAN RIGHTS

Fundraising event brought to you by: Safe CHR (Safe Village), Mental Health and Medical Practitioners, Various Religious Leaders, Community Leaders, Veterans, Corporate Leaders, Unions, and Law Enforcement.

**LIVE MUSIC, DANCING  
DINNER REFRESHMENTS  
CASH BAR**

Endorsed by the following organizations:

DAVE ALAMILLO THE SPANIALS FOREVER

SAFECHR

**SAVE the DATE**

*Dine and Donate*

When: October 11, 2019  
Where: Indian American Cultural Center  
Time: 5:30-8:30 PM

Presentation: Identifying Victims of Human Trafficking in Clinical Settings

Sponsored by: SAFE Coalition for Human Rights and The Indian American Cultural Association



**SAVE THE DATE**  
"GIVE A LITTLE BIT" PARTY #GIVEALITTLE  
**12.08.2018**  
ADMIN@SAFECHR.ORG



First ever Training for Massage Therapists!

**safe**  
CHR  
COALITION FOR HUMAN RIGHTS

# TRAUMA BONDING: DEVELOPMENT IN VICTIMS OF SEX- TRAFFICKING

Kalyani Gopal, PhD,  
HSPP, FACAPP  
President, SAFECHR  
SAFE Coalition for  
Human Rights

**safe**  
CHR  
COALITION FOR HUMAN RIGHTS

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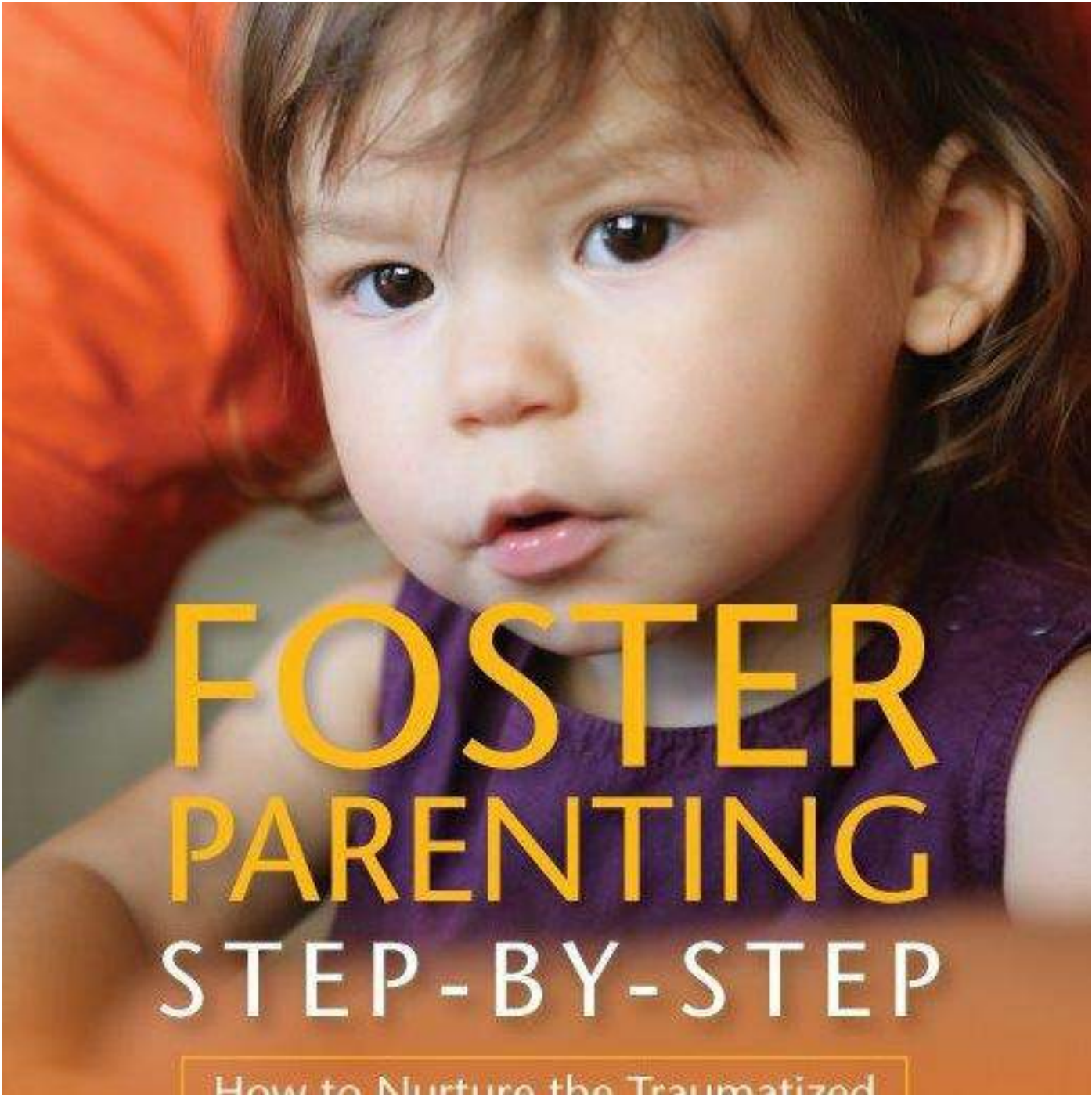
**safe**





# Publications

- Handbook of Sex Trafficking, 2019. Springer, USA, Ed.
- Global Health by 2030 and Beyond. Summer 2021. Chapter on “Reducing human trafficking around the globe by 2030 and beyond.”
- In my Heart, 2016. Grief Book for children and adults coping with loss
- Workbook on Sexual Abuse, 2014. Series on resolving trauma
- Foster Parenting Step by Step: How to nurture the traumatized child and resolve conflict. 2016. JK Publishers, UK
- The Supportive Foster Parent 2014.
- SAFE Schools Training Manual: A socioemotional resiliency program for school-aged children and youth. 2016



# FOSTER PARENTING STEP-BY-STEP

How to Nurture the Traumatized

Elementary

Middle

High

# SAFE Schools Program

Program Director: Dr Sandra Demos-Kelley, EdD, LCSW.

SAFE Schools: Stand Up! Speak Up! Manual Editors: Dr Kalyani Gopal and Dr Sandra Demos-Kelley

Contact: [DrSandra@safechr.org](mailto:DrSandra@safechr.org) ; [admin@safechr.org](mailto:admin@safechr.org)

Trainers: Margaret Frost, LCP, Miriam Gonzalez, C., Dr Christine Lang, PsyD, Dr K Gopal



# A Socioemotional Resiliency Curriculum Program

Program Director:  
Dr Sandra Demos-Kelley, Ed.D., LCSW

Based on SAFE Schools: Stand Up! Speak Up!

Co-Authors: Dr. Kalyani Gopal and Dr Sandra Demos-Kelley



Dr Sandra Demos-Kelley,  
Ed.D., LCSW



**safe schools**  
STAND UP! SPEAK UP!

**Safe**  
CHR

# Safe Schools Program

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- Designed by a group of 2 professionals with over 65 years of combined experience
- Afterschool program focused on teaching children's ways to become:
  - More self aware and formulate self identity
  - Recognize and build healthy relationships
  - Develop leadership abilities by recognizing talents and taking on responsibility
  - Learning how to balance personal and professional goals
  - Improve decision making
- 8-10 modules
  - Students meet two times a week for one hour each week to work on each module for 8-10 weeks



**Feeling Safe**

**Feeling Important**

**Making Friendships**

**Taking Punches**

**Tough Choices**

**Snapping Back**

**Being Self-Aware**

**Hanging loose (SS)**

**Zone of Trust**

**Stand up, Speak up**

# SAFESCHOOLS PROGRAM MODULES

# SAFE Schools WORKBOOK GOALS

- “In the SAFESCHOOLS workbook, we will talk about self-awareness and how to develop friendships that help you grow and feel good about who you are.”
- In each chapter students do activities centered around four areas:
  - PREVENTION from finding yourself in unsafe relationships.
  - Ways to PROTECT yourself from unsafe relationships.
  - PROSECUTION if involved in unsafe situations.
  - PARTNERSHIPS with those with whom you can learn to feel safe and secure.

# SAFE International Accreditation Certification Training (iACT)

Program Directors: Board Members Honorable Bakoko Bakoru Zoe, Survivor/Expert; Former Minister, Uganda

Dr Kalyani Gopal, PhD with Barbara Amaya, Ed.D., ST Survivor Expert Trainer, Arun Dohle, AT Survivor

10 Modules on:

Labor Trafficking (LT)

Sex Trafficking (ST)

Adoption Trafficking (AT)

# SAFE CHR

International Anti-Human Trafficking  
Credentialing Training (iACT) Program



## SAFECHR iACT Program

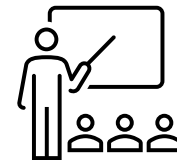
- 10 internationally accredited modules designed to impart comprehensive human trafficking with continuing education credits
- Master Course in Human Trafficking Training for Trainers:
  - 40 hours training with 2 days of Webinars/In-person or 2 weekends of in-person
- Advanced Master Level Course (after Master Course)
  - Legal: 60 hours
  - Law Enforcement: 8 hours (trainers' course)
  - Clinical: 40 hours
  - Medical: 40 hours

# SAFECHR International Accreditation – July 2021



## The CPD Standards Office

**CPD PROVIDER: 21946**



# 15 TRAIN THE TRAINERS' FIRST GRADUATES FROM 9 COUNTRIES IN THE CONTINENTS OF AFRICA, ASIA, EUROPE, MIDDLE EAST , NORTH AND SOUTH AMERICA

Countries USA, Nepal, Bangladesh, India, Tunisia, Sierra Leon, USA (Guam, Haiti), Nigeria, Italy, Germany, Netherlands

BOTTOM ROW L-R: Trainers: Dr Sandra Demos-Kelley, USA, Dr Kalyani Gopal, USA/India. Hon. Zoe, USA/Uganda



Member,  
United Nations  
Task Force on  
Human  
Trafficking  
(GSO)



# 2018 International Trainings

EURO MENTAL HEALTH 2018

WORLD'S LEADING  
MENTAL HEALTH CONFERENCE



Steve Morgan  
Westcountry Case  
Management Ltd, UK



Walter Solomon  
The Waldon Approach  
Israel



Irada Eichler  
Shekulo Tov Group  
Israel



Jessica White  
Nottingham Trent  
University, UK



Kalyani Gopal  
Mid-America Psychological  
Services PC, USA



Sohail Qureshi  
ID-Medical, UK

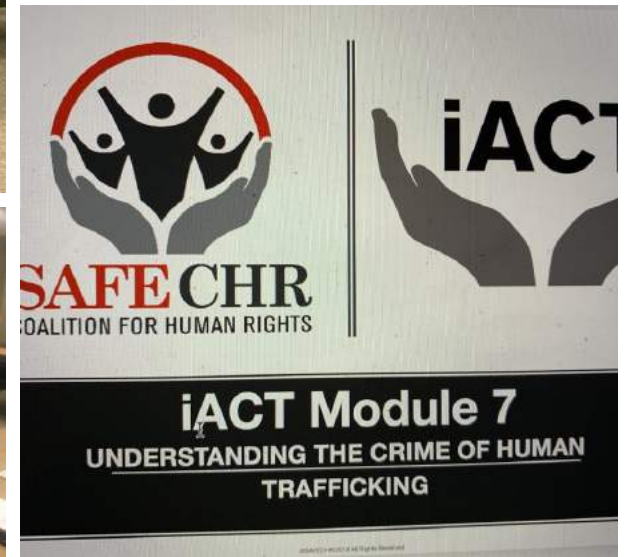
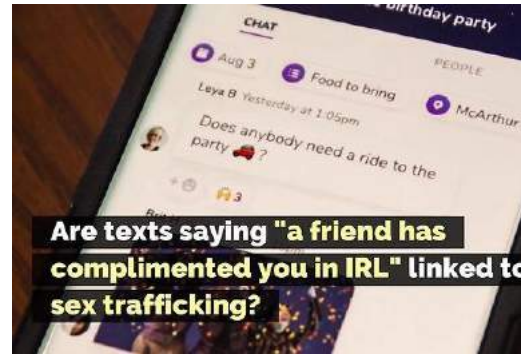


Riadh Abed  
World Psychiatric  
Association, UK



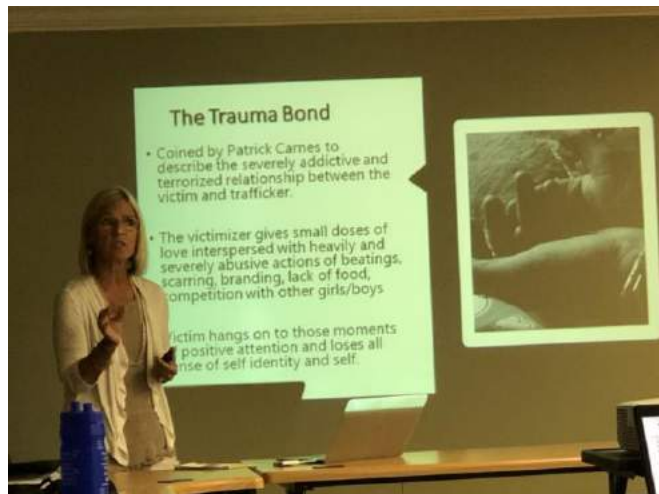
Sue Curr  
Fear less; Live More  
UK

JULY 09-10, 2018  
PARIS, FRANCE



# SAFE iACT Trainings 2018-2019

# SAFECHR iACT Graduation- 2019



Special Guest: Captain  
Milos Dordevic



Contact:

[Ashfrederick@safechr.org](mailto:Ashfrederick@safechr.org)

[Dnowak@safechr.org](mailto:Dnowak@safechr.org)

[Charleswooly@aol.com](mailto:Charleswooly@aol.com)

[Drgopal@safechr.org](mailto:Drgopal@safechr.org)

Phone: 219-378-7161 X 102

# The T.H.R.I.V.E. Program

## **Program Directors:**

**Ashley Frederick and Dawn  
Nowak, MA, CADC, LAC**

**Housing Resident Advisor:  
Samantha Hernandez, BA**

## **Board Members:**

**Pastor Charles  
Strietelmeier and Dr.  
Kalyani Gopal**

# T.H.R.I.V.E. Program Directors



**Dawn Nowak, Asst. Director/Survivor/Clinical Coordinator  
T.H.R.I.V.E**



**Ashley Frederick (r) Director/Survivor. Ashley's  
House**

# Therapeutic Housing Response to Individuals from Vulnerable Environments

## THRIVE Components:

- ✓ Therapeutic Housing
- ✓ Counseling/Crisis Intervention
- ✓ Trauma Therapy
- ✓ Education/Job Skills
- ✓ Parenting Skills
- ✓ Co-dependency
- ✓ Independent living Skills
- ✓ Medical/Dental Care
- ✓ Home management Skills
- ✓ Connection to community Resources
- ✓ Spiritual Guidance and Support
- ✓ Transportation
- ✓ Relationship Skills
- ✓ Boundaries and..

more...



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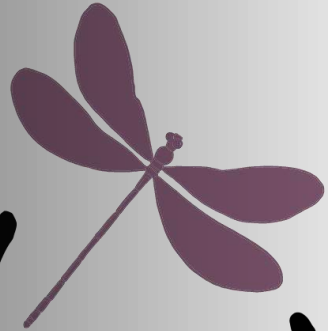
# THRIVE and Ashley's House

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- Pilot project for ACEs Impact Housing
- Currently our first women's home in East Chicago Indiana – Ashley's House
- Ashley's House is one of the homes of the houses of the THRIVE Program
- Can house 4-6 survivors at a time /30 – 40 per year
- An opportunity for a new beginning
  - Provide residents with resources to establish independence
  - Job training and opportunities provided
  - Educational resources and direction offered
  - Parental and other life skillset
  - Project Cost: \$505,000/year per home
- Donate:
- <https://www.bit.ly/safechrpay>



Ashley's



HOUSE

Donate:

<https://www.bit.ly/safehrpay>



- ✓ Claiming your worth.
- ✓ Investing in yourself.
- ✓ Creating more opportunities for yourself and those around you.
- ✓ Teaching others how to value you and others coming after.
- ✓ Inspiring others to do the same.

So ask for what you're worth, invest in your own success and do things that replenish you.

You don't need to feel guilty for asking for what you need to thrive and live a fulfilling life. 🙌

What's something you've asked for recently?

# RESEARCH FOCUS

## Adverse Childhood Experiences (ACEs-R) Study

- **Goal: To update the adverse childhood experiences to include:**

- **Migration**
- **Cyberbullying**
- **Sex/labor/adoption Trafficking**
- **Suicides**
- **Parental mental illness/physical illness**
- **Foster care/adoption**
- **Conflict and displacement**
- **Child mental illness/severe physical illness**

Project Directors: Dr Kalyani Gopal, PhD  
and Dr Sandra Demos-Kelley, Ed.D.

50-100 Trafficked Youth

Clinician-Victim-Survivor Model

C-SAFE Model led by Clinicians, informed  
by Survivor leaders implemented by  
trained triple background checked team  
of experts

Project Cost: \$26M/Phase I: 1.5M

Donate:

<https://www.bit.ly/safehrpay>



Kelsey Kirk: Passed  
away: August 14, 2017



Kelsey's Village

# The Future of Safe Villages

- Our goal is to have a SAFE Village in every major city for YOUTH who are trafficked
- Restorative holistic healing Village
- We need help in raising about \$1.5 million for each development to create safe, healing oasis for our youth



# Shortcomings of an NGO



Donate:

<https://www.bit.ly/safechrpay>

| phone: 219-513-8508 /219-378-7161 x 102 (Ashley)

Checks to Address: SAFECHR (program), 9335 Calumet Ave, Suite D, Munster, IN 46321-4176, USA



Finding volunteers to help advance our vision



Consistent monetary funding to further our objectives



Gaining donations for basic resources

For instance, hygiene, paper products, other basic goods for Ashley's House



Developing a true support base